# HOW COVID-19 **AFFECTS PEOPLE Challenges and Opportunities**



This is the first stage of research that we are doing to uncover what people think and feel during the quarantine period due to Covid-19

5 online focus group discussions among

high schoolers, university students, and male and female workers as well as housewives

> We are following this up with a larger online quantitative survey

In a glimpse, this is what we found



It is emotionally difficult with feeling of isolation seeping in, but, positive spirit is still there



# MIXED EMOTIONS - HAPPY FOR BEING WITH FAMILY YET ALSO FEEL ISOLATED





Happy for spending time with the family – closer than ever before

But being detached from the society, naturally, creates discomfort



# A TIME TO REFLECT, AND CREATIVE **ADAPTATION IS KEY TO SURVIVAL!**



#### This is a period of 'time out' - giving self a time to reflect and learn new things





The change is daunting and hard to adapt, but, experimenting is key to find the best ways to make this work



These emotions were driven by new daily challenges that they now have to deal with



## WORKERS FIND IT HARD TO ADAPT TO WFH

Communication delays cause difficulty to coordinate work

Not having the right working space at home – causing physical discomfort and problems e.g. backache

#### OPPORTUNITY TO LOOK AT BUSINESS PROCESSES, AND SET UP PROCEDURES FOR OFF-SITE WORKING

Work is piling up – not enough planning



## EDUCATORS AND EDUCATION SYSTEM NEED TO EMBRACE TWO-WAY COMMUNICATION AND ONLINE LEARNING

Students feel they receive MORE assignments than they do when in regular school time

But they receive more vague explanations and guidance (or none at all), they get only instructions

#### OPPORTUNITY TO DEVELOP NEW SKILLS IN INTERACTIVE TEACHING, AND UTILISE VARIOUS ONLINE LEARNING TOOLS

Leaving them feeling frustrated and unmotivated to learn



### PARENTS NEED SUPPORT IN DEALING WITH PERCEIVED LACK OF ME-TIME

The combo of having to pay attention to kids' school tasks, and their demand for attention from time to time, is daunting for parents with toddlers to elementary aged kids Gadget, is seen as a saviour. BUT, it then creates an acute realisation that they should be controlling the usage, not letting it

#### OPPORTUNITIES FOR BRANDS TO MAINTAIN CONNECTION WITH PARENTS BY PROVIDING TIPS ON HOW TO DEAL WITH GADGET USAGE DURING LOCKDOWN



# POTENTIAL OF CONFLICT IS HIGH

With everyone at home 24/7, there may things that get noticed and get on one's nerves – patience runs thin

Lack of role clarity in the households with those usually not home all the time, adds pressure

## OPPORTUNITY FOR COUNSELING PLATFORMS TO REACH OUT AND PROVIDE EASY TO DO TIPS ON TENSION REDUCTION IN THE FAMILY

Heightened stress caused by worry of future economic safety, may escalate conflict potential



### BUT CONSUMERS ARE VERY ADAPTIVE AND RESILIENT

- This a time to remedy unhealthy habits
- Opportunity to look at new ways of working and learning and find ways to enjoy it
- Time to understand each other more, collaborate to do a greater good, helping others in need - a hope for a better society in the end
- Time to explore new ways for connecting with people and find that it can potentially widen their social circle via e.g. Zoom



# IN SUMMARY

Everyone knows this is a challenging time, and the future is going to be tough as well due to economic pressures

But resiliency and willingness to look for new ways of working, learning and connecting, as well as ways to help others, safe the day

We are not yet ready for Industry 4.0, but, this Covid-19 experience can potentially speed some things up with the shock that it has given to organisations and individuals



### MORE TO COME FROM THE QUANTITATIVE ONLINE **SURVEY**

#### WATCH THIS SPACE!



